Kinsmen Pool Schedule

Effective July 2/25

Penbooke the heart of the ottawa valley	Monday	Tuesday	Wednesday	Thursday	Friday
Lane Swim	6–7:30 am 11:30 am – 1 pm 8–9 pm	6-7:30 am 11:30 am - 1 pm 8-9 pm	6-7:30 am 11:30 am - 1 pm 8-9 pm	6-7:30 am 11:30 am - 1 pm 8-9 pm	6-7:30 am 11:30 am - 1 pm
Open Swim	2-3 pm 3-4 pm 6-7 pm	2-3 pm 3-4 pm 6-7 pm	2–3 pm 3–4 pm 6–7 pm	2-3 pm 3-4 pm 6-7 pm	2-3 pm 3-4 pm 6-7 pm
Ladies Red Cross \$6.97+ HST	9-10 am				9-10 am
Seniors Swim			9–10 am		
Aquabics \$9.29 + HST		9-10 a.m.		9-10 am	



Check out our wading pool Monday - Friday from 12-6 pm!
Welcome to all swimmers under the age of 6.
FREE

NOTE: The Kinsmen Pool and Wading Pool are closed Saturdays and Sundays in July & August.